



Checklist

Formal Training Standards required for Accreditation as a
BTD Dance Therapist (Tanztherapeut:in BTD®)

February 2024

Name, first name:

Date of birth:

Address:

Telephone, e-mail:

Important formal requirements

completed by the auditor:

The checklist must be attached to the application as front sheet

The order of the documents must be in the order stated on the checklist

Please number your documents according to the order on the checklist

Please send your documents orderly. Loose Pages will not be accepted.

Documents in handwriting will not be accepted.

Please check off the checklist

1. Formal and personal prerequisites

- 1.1. Evidence of duration of training: minimum of 4 years or equivalence (149 ECTS)
- 1.2. Evidence of age: Completion not before age 28
- 1.3. Completion of a bachelor's degree or of vocational training in the field of therapy, social work, medicine, pedagogy, and/or arts education. In individual cases the equivalence of other training programs may be verified by the accredited training institutes

- 1.4. Evidence of three years of professional experience in a therapeutic, social, educational field, or artistic education (pertaining to applicants without a completed bachelor's degree, 1.3.).
- 1.5. Evidence of valid experience in the fields of dance and movement, of at least 250 hours in various disciplines of dance and/or movement

2. Data concerning your training

- 2.1. Evidence of a selection procedure involving at least one group selection procedure consisting of 7.5 contact hours and one individual interview of at least 45 minutes. This is designed to examine the eligibility of candidates in terms of their personal aptitude as well as dance skills according to the guidelines of the respective training institute.
- 2.2. Evidence of a continuous training group of at least 1500 hrs (60 ECTS training group x 25 working hours) including at least 480 on-site hours.
- 2.3. Evidence of at least 100 hrs (4 ECTS) of individual therapy, of which 60 hrs of dance therapy are recommended. 40 hrs of individual therapy may have been completed up to five years prior to the start of training. The qualification of the individual training therapist must meet the standards for training therapists BTD. The qualification of the individual therapist must be approved. For ethical reasons he/she may not be his/her own dance therapy program instructor.
- 2.4. Evidence of dance therapy supervision as group supervision of at least 75 hrs (10 ECTS) and of individual supervision of at least 25 hrs, of which 12 hrs may be completed as supervision in a subgroup. The qualification of the supervisor must meet BTD Standards.
- 2.5. Evidence of theory within the training program and additionally 38 hrs (5 ECTS) within self-organized study groups or equivalence (copy of your curriculum)
- 2.6. Evidence of self-contained dance therapy with at least 2 different client groups (if possible, in clinical settings) during training of at least 160 hrs (160 x 60 minutes = 35 ECTS). This may be individual or group practice and has to be supervised according to BTD-standards.
- 2.7. Evidence of dance training of 135 hrs (5 ECTS) throughout the duration of training.
- 2.8. Evidence of 2 presentations of DMT skills during the entire training period - in written, oral or artistic/creative form.
- 2.9. Evidence of a written documentation of clinical sessions reflecting on theory and group processes
- 2.10. Evidence of a case study or essay demonstrating the student's DMT practice
- 2.11. Evidence of at least one self-contained dance therapy session and reflection on it.
- 2.12. Evidence of a final colloquium and essay. (Copy of the curriculum, 30 ECTS)