



## Checklist

Formal Training Standards required for Accreditation as a

### Dance Therapy Trainer BTD

February 2024

Name, first name:

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Date of birth:

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Address:

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Telephone, e-mail:

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## Important formal requirements

completed by the auditor:

The checklist must be attached to the application as front sheet

The order of the documents must be in the order stated on the checklist

Please number your documents according to the order on the checklist

Please send your documents orderly. Loose Pages will not be accepted.

Documents in handwriting will not be accepted.

Please check off the checklist

## 1. Prerequisites

- 1.1. Evidence of accreditation as a Dance Therapist BTD (please enclose a copy of your Dance Therapy Certificate BTD)
- 1.2. Evidence of completion of dance therapy training (please enclose a copy of your diploma)

## 2. Professional Experience

### A

- 2.1. Evidence of recognition as Dance Therapy Trainer BTD

- 2.2. Evidence of continuous professional development according to the BTD guidelines and terms of Continuing Professional Development (CPD) over the last five years.

**or B**

- 2.3. Evidence of accreditation as a Supervisor BTD
- 2.4. Evidence of continuous professional development according to the BTD guidelines and terms of Continuing Professional Development (CPD) over the last five years.

**or C**

- 2.5. Authorization to practice psychotherapy according to the legal requirements of the respective country.
- 2.6. Evidence of five years of work as a dance therapist amounting to a minimum of 1667 hrs following completion of training, with at least two different target groups in individual and group therapy settings. Two thirds of the hours must involve a target group from the clinical field (e.g., clinics, rehabilitation, counselling centers, therapeutic homes, etc.).
- 2.7. Evidence of professional cooperation with doctors, psychologists, clinics, etc.
- 2.8. Evidence of at least 42 hrs of qualified supervision of one's dance therapy practice over the course of the completed 1667 hrs. The qualification of the supervisor must meet BTD Standards. Qualified supervisors are Supervisors BTD, otherwise approved supervisors – individual and group supervision will be accepted.
- 2.9. Evidence of professional activity in the field of dance therapy, such as publications, scientific contributions, conference participation, and political engagement in the field.
- 2.10. Evidence of continuous professional development according to the BTD guidelines and terms of Continuing Professional Development (CPD) over the last five years.
- 2.11. Evidence of participation in a minimum of 94 hrs of dance and movement classes (also one's own class offerings) in chronological sequence after the end of training.

### **3. Additional requirements for the Accreditation as Training Therapist BTD**

- 3.1. Evidence of two independently conducted dance therapy treatments, each under proven supervision of at least 15 hours which can consist of a combination of individual and group therapy (1/3 must be individual therapy). Confirmation from the institution and the supervisor, or in the case of out-patient treatments then confirmation from the supervisor, must be presented in accordance with the BTD documentation form. A case study of both therapy treatments must be submitted to and approved by the supervisor. The qualifications of the supervisor must be recognized.  
Qualified supervisors are Supervisors BTD, Training Therapists BTD, Dance Therapy Trainers BTD, doctors and psychologists qualified as psychotherapists and experienced as supervisors (supervision experience has to be documented), otherwise approved supervisors – individual and group supervision will be accepted